

The Sanibel Light



SANIBEL
CONGREGATIONAL
**UNITED
CHURCH
CHRIST**

JUNE/JULY 2024
VOLUME 56 ISSUE 6,7



IN THIS ISSUE

**For Your
Consideration**

Our New Name Tags

Healthy Happenings:

Green Team:
How to Go Green in Your
Kitchen – Part II

**News from our Tech
Team:**
Chat Feature on YouTube
during Service

**A Note from the
Hurricane
Preparedness Team**

Birthday Greetings

News From Our Community



*Seeking to love all people ... growing in
faith ...*

*working toward God's vision of justice,
healing and joy.*

*Sanibel Congregational United Church of
Christ*

FOR YOUR CONSIDERATION

Hi...

Alex Haley will forever be remembered as the author of *Roots*, a book published in the summer of 1976 which won him a Pulitzer Prize, and then became the basis for a miniseries that drew the largest audience in television history to that point.

Roots, and Haley's sequel, *Roots II*, were based on stories the author's grandmother and aunts told him about their ancestors in Africa, their forced journey to this land, and their time in slavery and beyond.

But Haley also saw the books in a more *universal* human way. As he once told former Senator Lamar Alexander, a longtime friend, the books reflected three primary objectives which Haley felt were vital for all humanity:

- *Freedom*
- *Equality*
- And then, this one: *Find the good and praise it*

"Find the good and praise it."

It's no surprise Haley added that third one in that he was deeply rooted (no pun intended) in the church and the biblical story. A biblical story in which the very first episode tells us that God declares all things God made *good*. Yes, soon after there is a story about humanity's disobedience to God and God's ways and the subsequent negative consequences of that. And throughout the rest of the Bible, there are also countless stories and passages involving suffering, struggle, and despair.

But at the same time, there are countless stories and passages of human hope, faithfulness and deliverance from suffering, struggle and despair. Countless stories and passages reflecting "*the good*" – God's and ours.

A spiritual life that is full; complete; whole, requires us to keep both of those in relationship with each other. A spiritual life that considers only or primarily *the good* is destined to become shallow and insular, unaware or indifferent to others' difficulties, while one that considers only or primarily *the bad* - the ways in which humanity and the world fall short of God's expectations - is destined to become disappointing and cynical.

Haley's admonition to "*find the good and praise it*" seems to be of particular relevance and importance to us as God's people in this continuing time of political, religious and social division, the ramifications of climate change, and the wars in Gaza and Ukraine. No, we cannot, and must not ignore others' struggles and the world's ills. But at the same time, God also needs us to be open to recognizing and "*praising the good*" when we see it and experience it, even in the smallest ways. Otherwise, we risk having hopelessness and despair take precedence in our lives.

As we move through this summer then, I invite you to look for, remember and praise the good as much as we rightfully acknowledge and work to help alleviate the struggles and suffering around us. For we are the people of a God who made us and all things *for* "the good" – a God who promises and calls us to help turn darkness into light; suffering into healing; death into new life.

Good life. For all.

Blessings,
Mark
Rev. Dr. Mark Boyea
Senior Minister



WORSHIP NOTES

In May, we were blessed with a Message from our friend Pastor Brian Culbertson of our “home away from home,” Refuge Church in Fort Myers, on Sunday, May 5, as Mark was away presiding over a wedding in North Carolina. Kathy Carter served as our Worship Leader that day, and Shirley Witte as our Musical Leader with Mackenzie also away.

Then, on Sunday, May 12, we celebrated the Sacrament of Communion as a spiritual community in honor of all the mothers, grandmothers, and all women who have served as mother figures to us.

Finally, on Sunday, May 26, we commemorated Memorial Day as well as the final Sunday of Mental Health Awareness Month, honoring those whose lives were lost in service to our country, but also remembering those, both military and civilian, whose lives have been claimed by mental health issues.

In June, we will celebrate the Sacrament of Communion on Sunday, June 2. We will also be blessed musically that day by soloist Fred Nordstrom.

On Sunday, June 9, our friend, retired Methodist minister Rev. Dr. Sally Haynes, will lead us in Worship while Mark is away. Dr. Haynes stepped in for Mark last year at Refuge Church, and will do so a second time here this summer on July 7.

On Sunday, June 16, we will honor all fathers, grandfathers, and all those men who have served as father figures to us throughout our lives.

Then Sunday, June 23, will feature our next ***Ask the Minister*** segment. Instead of offering a Message that morning, Mark will spend that time speaking to as many of your biblical, theological, spiritual and personal questions as time allows. So get those questions in to Mark ahead of time at mark@sanibelucc.org or 908-477-6526, or come ready to ask them that morning.

In July, as mentioned earlier, Rev. Dr. Sally Haynes will lead us in Worship again on Sunday, July 7 as Mark will be on vacation. And on Sunday, July 14 we will celebrate the Sacrament of Communion as a spiritual community.

Nobody cares
if you can
carry a tune.

UNITED CHURCH
OF CHRIST



GROWTH OPPORTUNITIES



Bible Study Schedule

Bible Study WILL NOT meet this Thursday, June 6.

In June and July, Bible Study will meet on the following Thursdays:

**June 13, 20 and 27
July 18 and 25**

10:30 am-12:00 pm on Zoom

Bible Study will then go on hiatus until early October.

Each session, we explore the Scripture passage(s) being used in Worship that coming Sunday. These sessions are largely “guided discussion” in approach, focusing on your questions and insights from reading the text(s) ahead of time, with Mark facilitating and adding relevant context and detail as needed or wanted.

This approach allows for participants to engage with the Bible creatively, and with an eye toward how the text speaks to us in our time and lives. In addition, they are great prep for getting more out of the Sunday messages!

You will receive the information you need to join in on these sessions, as well as the passages you need to read in advance, on Wednesday afternoons.

Spiritual Exploration

Our newest Spiritual Exploration Unit for 2024 begins Tuesday, June 18!

“Questioning Jesus”

**Tuesdays: June 18 and 25; July 16, 23 and 30
7:00-8:30pm on Zoom only**

The word ***“Questioning”*** in the title of this unit, rather than a *verb*, is instead an *adverb* which characterizes one of, if not the most significant aspect of Jesus as *rabbi - teacher*. Throughout the Gospels, Jesus, constantly asks vital spiritual questions of those he encounters.

During this unit, we will explore some of those questions, what they were meant the people he asks to consider, the answers he receives, and what his questions ask us to consider now.

As always, you will receive the information you need to join in on these sessions, as well as any reading you may be asked to do in advance, on Monday afternoons.

After this unit, Spiritual Exploration will go on hiatus until early October.

A NOTE FROM THE MODERATOR

Our summer months are now here as evidenced by the return of 90-degree days and humidity. And with that comes the migration north of our many “seasonal” members and visitors. While the summer brings the risk of storms and hurricanes, it also means that the traffic on Periwinkle is bearable again!

Summer usually means a slower pace for all of us but work continues on the rebuilding and repairing of our building and campus grounds. While the Sanctuary is getting close to completion, fine-tuning of lighting and sound systems continues. The beautiful sound of our new piano and organ makes our services and Mark’s messages both more joyous and comforting. Outside, the landscaping is improving, and the labyrinth courtyard's new plantings look beautiful!

Some more good news: Financially, through April, our pledge income and plate receipts total \$301,224 vs \$290,056 in 2023. Operating expenses were \$183,343 and are within budgeted ranges. Traditionally, pledge income is highest early in the year, falls off in the summer, and increases at year-end. Budgeting this year was a challenge but, hopefully, our positive performance will continue throughout the rest of 2024.

The dedication and commitment of our staff and so many of our members continue to make SCUCC a special place for worship and gatherings. Thank you to everyone and may you enjoy a storm-free summer!

Neal Halleran
Moderator

“A ROSE BY ANY OTHER NAME”



Our Spiritual community Receives Generous Donation for Member Name Tags

In an exciting development for SCUCC, the Membership Committee has announced the acquisition of new name tags for all members, made possible by a generous donation from Bruce and Noelle Cramer. This thoughtful contribution reflects the Cramer family's dedication to fostering a strong and connected community within the congregation.

The new name tags are designed to help members recognize each other more easily, fostering a sense of familiarity and belonging. They will be distributed at upcoming Sundays, and members are encouraged to wear them during congregational events as well.

To ensure that the name tags are accurate and up-to-date, members are asked to visit the Membership Committee desk at the next Worship service. There, they can verify and update their name and address information. This process is crucial in maintaining current records and ensuring that each member's information is correctly represented.

The Membership Committee extends its heartfelt gratitude to Bruce and Noelle Cramer for their generous donation. Their support plays a vital role in enhancing the sense of community within the Sanibel Congregation.

For further information or any inquiries, please contact the Membership Committee directly. Let's all look forward to seeing each other's names and strengthening our community bonds!

HEALTHY HAPPENINGS

Coffee: Healthy or Unhealthy?

You are likely familiar with the debates surrounding coffee. Is it good or bad for your health? Can it fit into a healthy lifestyle? Let's dig into the complexities of coffee - its potential health benefits and associated risks.

Coffee is more than just a morning pick-me-up. It contains antioxidants like chlorogenic acid and polyphenols, which can combat inflammation and oxidative stress in the body. Moderate coffee consumption has been linked to various health benefits including:

Improved Mental Alertness: Caffeine, the primary stimulant in coffee can enhance focus, concentration, and mood.

Reduced Risk of Certain Diseases: Studies suggest that coffee drinkers have a lower risk of developing conditions such as Parkinson's disease, Alzheimer's disease, and certain cancers like liver and colorectal.

Enhanced Physical Performance: Caffeine can improve athletic performance by increasing adrenaline levels and releasing fatty acids from fat tissues, which are then used as fuel.

Weight Loss: Coffee can be a helpful ally in weight loss when consumed mindfully. Caffeine can temporarily boost metabolism and increase fat burning. It can also act as a mild appetite suppressant, reducing the urge to snack.

Potential Longevity: Some research indicates that regular coffee drinkers may have a lower risk of premature death.

Wow, sounds too good to be true! While there are certainly some health perks to drinking coffee, excessive consumption, a body that is sensitive to caffeine, or certain additives can pose risks, such as:

Increased Heart Rate and Blood Pressure: Those individuals sensitive to caffeine and those who consume excessive amounts of coffee should be aware that coffee can increase your heart rate and blood pressure and may cause cardiac palpitations.

Sleep Disturbances: Caffeine's stimulating effects can disrupt sleep patterns, particularly if consumed later in the day. I know that if I drink coffee later than noon, I have a very hard time sleeping that night.

Digestive Issues: Coffee can stimulate acid production in the stomach, leading to acid reflux or digestive discomfort in some individuals.

Dependency and Withdrawal: Regular consumption can lead to caffeine dependence, with withdrawal symptoms such as headaches and irritability upon cessation.

Here are a few pointers:

Choose Quality Coffee: Opt for organic, high quality beans to minimize exposure to pesticides and maximize antioxidants.

Limit Additives: Avoid excessive sugar and artificial sweeteners. Instead, use natural sweeteners like stevia, if you must. Try adding cinnamon (which gives a hint of sweetness) or cocoa powder to your coffee. Both cinnamon and cocoa powder add flavor and health benefits. Avoid artificial creamers, opting for unsweetened almond or oat milk. Watch the extras, being cautious with calorie-laden additions like flavored syrups or whipped cream.

Mindful Consumption: Stick to moderate amounts, about 1-2 cups per day, to avoid excessive caffeine intake. Be sure to stay hydrated balancing coffee intake with plenty of water throughout the day to prevent dehydration. Be aware that drinking coffee in the evening might disturb your precious sleep.

Every individual's response to coffee varies. I know people who can have a couple of cups of coffee in the evening and they sleep like babies. I also know many people who can't drink caffeinated coffee at all. Listen to your body and always consult your primary care physician if you have any issues or questions. Coffee can be part of a healthy lifestyle when enjoyed in moderation and paired with mindful choices.

Resource: The National Society of Health Coaches, #120, May 11th, 2024, The Healthy Coffee Guide for Health Coaches.

1 Corinthians 10:31 So, whether you eat or drink, or whatever you do, do everything for the glory of God.

Caring for you and your health,

Linda Convertine, Parish Nurse



FROM THE GREEN TEAM – More on an Environmentally Mindful Kitchen

As a follow up to last month's entry, here are 10 additional ways to have a more environmentally mindful kitchen. Start small with whatever is easiest. You can always add more later!

1. Don't run the dishwasher until it is full. For those of us fortunate enough to have a dishwasher, it is generally more water efficient than washing dishes by hand. Modern dishwashers do not require dishes to be 'pre-rinsed' which is another way of saving water. When you do run a load of dishes, use the shortest cycle that is feasible which also saves on electricity!
2. For those of us washing dishes by hand, if you have a two-compartment sink, it's a best practice to fill one side with soapy water to wash dishes and the other side with clean water to rinse versus letting the water run to rinse dishes. Willing to make an investment? Install a low-flow aerator to save even more on water.
3. Keeping a list of what you have in your refrigerator and freezer prevents standing with the door open while trying to figure out what to make for dinner or purchase when shopping. Setting aside an area of items that need to be used first also helps avoid food loss.
4. Be smart when pre-heating the oven. For foods where a stark temperature change is not critical, like baked potatoes, leftovers, or bacon for example, you do not need to preheat the oven. You can put those items in as the oven starts to heat up. For items where preheating is required, use an oven thermometer to determine when the oven is ready and try not to use longer than necessary. Newer energy-saving appliances have this feature built in.
5. Embrace leftovers! While we all appreciate a freshly cooked meal, dishes eaten a few days later can be just as good, and in some cases even better. (We're talking about you, chili!) Eating leftovers not only helps reduce food waste, but it can help save time and money, too. Reheating last night's dinner will likely consume less energy than cooking a new meal from scratch
6. Choose reusable coffee equipment. If you get your morning cup on the road, bring your own reusable thermal mug. If you make your coffee at home, a French press can't be beat for flavor and savings. Many electric coffee makers come with a reusable mesh filter and there are also options for reusable pods and cloth filters to replace single-use products.
7. Opt for eco-friendly cleaning products. Look for sponges made from recycled materials and dish soaps and detergents that are biodegradable and free of phosphates and other harmful materials that can threaten

marine life. Buy bulk products with less packaging, and consider purchasing biodegradable trash bags the next time you run out.

8. Check your refrigerator temperature. It should run about 37F for safety and optimal efficiency (check your owner’s manual for exact temps). Even new models with built-in sensors can be off. A fridge thermometer is inexpensive and helps you adjust the temp accordingly.
9. Clean the fridge coils. Even a small amount of dust can cause your appliance to work harder and use more energy.
10. Buy local when you can. Living in a globally connected world has its perks, but the energy required to get perishable food from where it is grown to where it is purchased and consumed is NOT one of them. Local farmers and community centered vendors are more likely to grow and raise food organically and humanely while saving on the costs to transport it. And while you’re at it, consider replacing red meat and dairy one day a week by eating vegetarian instead. It’s not only healthier for our bodies, but is the single biggest way to reduce your environmental impact on the planet! Beef is often cited as the worst environmental offender. “Giving up beef once a week in favor of beans, over the course of a year, **is the equivalent of not burning 38 gallons of gas,**” Tamar Haspel wrote in the Washington Post. Even if you’re not prepared to go vegetarian or vegan, eating fewer animal products — particularly red meat — is a win.

<https://www.washingtonpost.com/food/interactive/2021/green-kitchen-eco-friendly-tips/>



New Chat Feature Added to Our YouTube Stream!

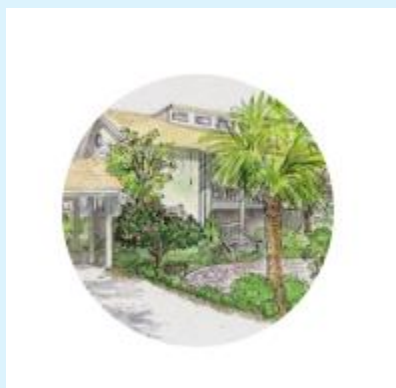
We are now able to “chat” with each other on Sunday mornings during the livestream of our Worship celebrations on YouTube. All you need to do is log onto YouTube using just your email address and name. You will be asked to follow YouTube’s guidelines and check the box stating you are over 18 years of age. YouTube will not ask for any personally identifiable information other than your email address and name. Then open our Worship broadcast and the “chat window” will be available on the right side of your screen, just like in Zoom. You can then communicate with others who are also watching live if you wish to say hello or comment on the day’s proceedings.



@SanibelUCC • 364 subscribers

**Don't forget
to Subscribe!**

Sanibel Congregational United Church of Christ



A NOTE FROM THE HURRICANE PREPAREDNESS COMMITTEE

Dear Members and Friends,

On Saturday, June 1, 2024, the official hurricane season begins. The forecast is for the season to be active and potentially destructive.

Sanibel Congregational has formed a Hurricane Preparedness Committee. The goals of the committee are to:

Assist in the safety and wellbeing of our members.

Minimize damage to our property.

Communicate to our members and organizations that share our space regarding the status of the facilities.

Provide a response in the aftermath of a hurricane.

The Hurricane Preparedness Committee believes that the use of the “eblast” is the best method to keep our members informed about the church. We will use it sparingly but, we hope, effectively.

The same information contained in the eblast will also be available on the church website. And if time permits, notices will be also in the Sunday Bulletins.

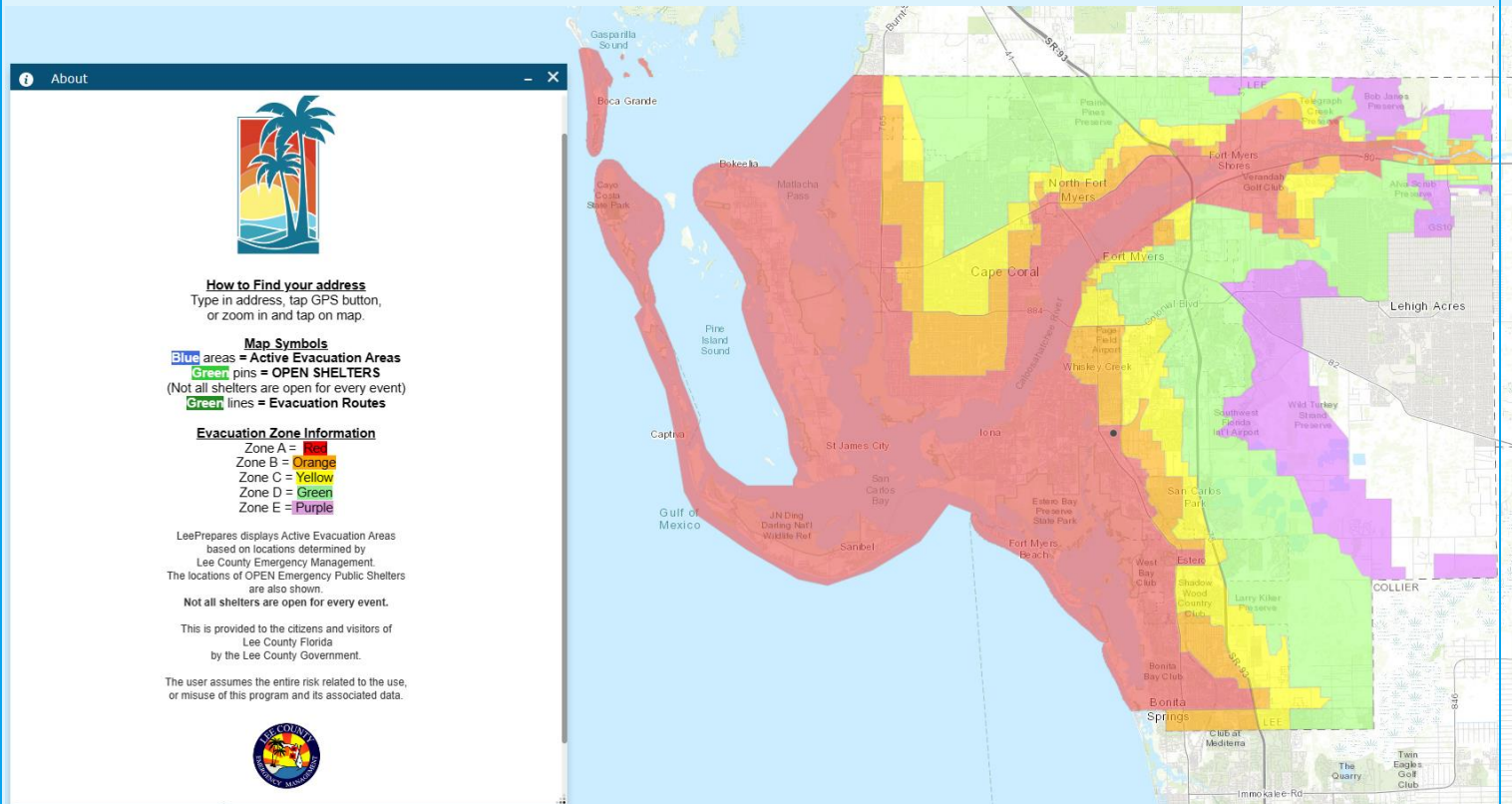
Lastly, consider signing up for AlertLee at <http://www.alertlee.com>. AlertLee is the emergency notification system used by Lee County Public Safety to notify residents when emergency situations arise.

Thank you,

Hurricane Preparedness Committee

Carl Smigiel, Neal Halleran, Eric Pfeifer and Scott Crater

KNOW YOUR ZONE



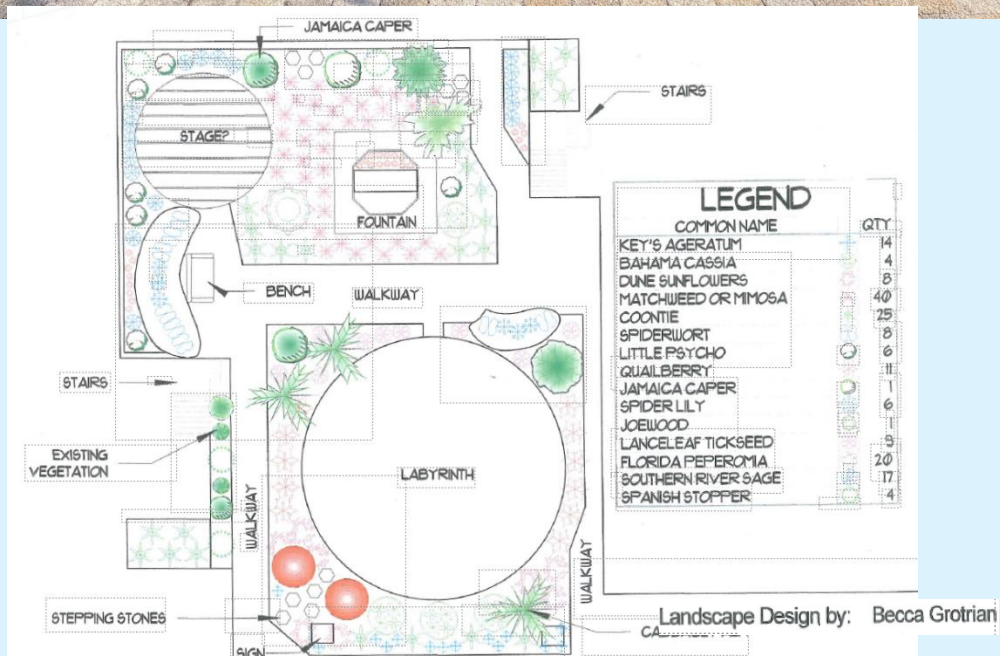
The time to develop and practice your emergency plan is *prior* to hurricane season. Some things to consider when creating your plan are:

- **Know your risks.**
 - In which Storm Surge/Evacuation Zone do you live?
 - Are you in a flood zone?
 - Do you live in a mobile or manufactured home?
 - What year was your house built?
 - Does your house have storm shutters?
- **Prepare several evacuation or sheltering options for your family.**
 - Shelter at home if it is safe from winds and storm surge waters.
 - Shelter outside of the evacuation area, with a friend, or at a hotel.
 - Go to a Public Shelter if you have no other safe place to go.
- **Prepare your Emergency Supply Kit before the start of hurricane season.**
 - Add a few pieces to your supply kit each week so that it doesn't break your budget. Remember to check your kit often and rotate the non-perishable food in your kit.
- **Secure items in and around your home before tropical storm force winds arrive.**
- **Be sure all family members know who to call or where to gather if you become separated.**
- **Let family and friends in other locations know your evacuation plans.**

The Family Emergency Plan is a great tool to help you create a plan that is specific to your family's needs.

COURTYARD RENAISSANCE

We are enormously thankful for the generosity of the donors who are making our garden project possible. Through their support, SCCF'S Native Plant Nursery has replanted and mulched our courtyard, a lovely improvement on the road to hurricane recovery. This is a delightful project, and we are looking for volunteers to help further its progress. Garden caretaking can be a wonderful way to foster community involvement and ensure our new plants thrive. If you would like to volunteer and lend your assistance to the project going forward, please call Robin Krivanek at 239-699-0361.



PARTICIPATION AT SCUCC



Be An Artist

Tuesday art classes with Carol Good have concluded for the summer and will pick up again in the fall. Some of our regular students will continue to meet on their own.



Exercise and Fellowship

The Santiva Islanders Exercise Class will meet in our Fellowship Hall from 10:00 a.m. to 11:00 a.m. on Monday, Wednesday and Friday, June 3rd, 5th, and 7th. The class involves stretching, light aerobics and strength training.

Santiva Islanders is the new name for Island Seniors. Mahnaz Bassiri will lead the classes.

Bring water, a towel and light weights if you wish. Music will be from the 1960's.

All are welcome.

A LOOK AT MOTHER'S DAY CELEBRATION

In celebration of Mothers' Day, we gifted roses to all the mothers and mother figures in the congregation to show our appreciation for their care and nurturing. The Worship celebration was followed by a special Fellowship time dedicated to bringing everyone together in a warm and welcoming atmosphere.



BIRTHDAYS FOR THE MONTH OF JUNE



June 1: Jane Nelson

June 4: Jacquie Boynton, Barbara Freeman, Perley Putnam, Martina Tober

June 6: Dee Hunter

June 8: Jane Woodrow

June 9: William Kendall

June 10: Dana Crater, Hanah Miller, Ron Prather

June 13: Shirley Furry

June 14: Elaine Pace

June 15: Walter Kalberer

June 18: Priscilla Braun, Robert Sheldon

June 19: Ellen Svenson

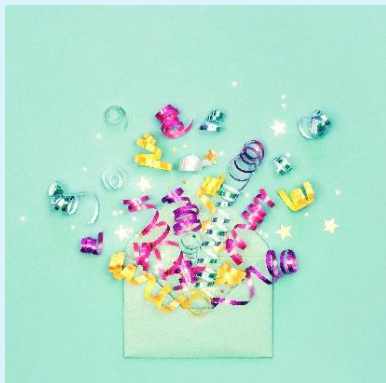
June 23: Sheryl Steele

June 27: Marjie Juedes, John Meng, Richard Travas

June 28: Judith Ware

June 29: Thomas Ware

June 30: Cynthia Poole



**Happy Birthday
Everyone!!**



BIRTHDAYS FOR THE MONTH OF JULY



July 1: Jackson Sprecher

July 4: Sharon Hannon

July 9: Dorothy Beard

July 10: Ed Wheeler

July 12: Bruce Cramer, Ley Smith

July 13: Mary Paige Abbott, Neal Halleran, Ron Periard

July 14: Steve Day, Judy McBroom

July 15: Luke Crater

July 17: Mollie Lassy, Richard Waterhouse

July 18: Linda Bradbury Danner

July 19: Gene Hardy

July 20: Linda Winn

July 22: John Danner, Suzanne Nelson

July 23: Nancy Deffenbaugh, Henry Glassman, Peter Halliday

July 28: Joanne Newcomb

July 29: Sylvia Chamberlin

July 30: Nancy Stewart



**Happy Birthday
Everyone!!**



ANNOUNCEMENTS

Church Office Hours

The Church Office is open Monday-Friday, from 9am-3pm.

Mark is normally on the campus Tuesday-Thursday pending pastoral visits or off-site meetings. Please feel free to just “drop by” or make an appointment directly with him by email: mark@sanibelucc.org or text/phone call: 908-477-5426.

Please note, the office will be closed on Wednesday, June 19th, in remembrance of Juneteenth.

MARK’S TIMES AWAY IN JUNE & JULY

Mark will be away the following dates in June and July:

June 3-10

July 1-13

“Adopt a Sunday”: Fellowship Hour

Please consider “Adopting a Sunday” this summer. You can choose a date and mark it on your calendar to commit to serving during our fellowship time on that day. It’s a great way to contribute to our community and connect with others. Volunteering your time to help our spiritual community is a meaningful way to give back.

Dates available for June 2024: 6/9, 6/16 (Father’s Day), 6/23 and 6/30

If you would like to help prepare and serve refreshments for Fellowship Time after Worship on Sundays, please sign up on the sheet found on the table in the back of Fellowship Hall. It is easy, and assistance will be available if needed. Donations of light fare and/or help with serving or cleanup will be greatly appreciated.



Shell Point Men's Group June Luncheon

The Sanibel Congregational UCC Shell Point Men's Group will have its next monthly luncheon meeting on **Tuesday, June 11 at noon at the Palm Grill in the Woodlands Common**. Please make reservations with Candy Atchison at JimAtch@aol.com or 561-714-4655.

Shell Point Women's Group May Luncheon

The Sanibel Congregational UCC Shell Point Women's Group will have its next monthly luncheon meeting on **Friday, June 14 at 11:30am at the Palm Grill in the Woodlands Common**. Please make reservations with Emily Kletzien at emily.kletzien@gmail.com.

Dinners for 6, 7 or 8

One of our most loved offerings are the social gatherings known as "Dinner for 6, 7 or 8". If you would like to participate, please send your names, email addresses and phone numbers to Shirley Akins at akinsteach@gmail.com. Dinners have mostly ended for this past season, but will resume with new groups in the fall.

Ushers Needed

If you are interested in ushering for Sunday Worship, please contact Frank Palaia at flpalaiajr@cs.com for more information.

Interested in Joining SCUCC???

If you are considering becoming a member of SCUCC, or would simply like to find out more about us, please let Rev. Mark know. After you and he discuss the expectations and, as the old commercial says, "the benefits of membership", you and he can schedule a Sunday that works best for you to become an official part of the SCUCC community.

Like A Ride To Worship?

If you would like a ride to Sunday Worship from Shell Point or Cypress Cove, please contact the Church Office at office@sanibelucc.org by Noon on Thursdays.

AUGUST/SEPTEMBER 2024 SANIBEL LIGHT DEADLINE

Please note that the deadline for submissions to the August/September edition of the *Sanibel Light* is **Friday, July 26, 2024.**

Please send all submissions, as a Word document, to:

Jenny Chacon, Church Administrator at jenny@sanibelucc.org

AND

Tammy Flatley, Assistant Church Administrator at tammy@sanibelucc.org



YOU'VE GOT PLANS: SANIBEL & CAPTIVA



Guided Beach Walks @ Sanibel Moorings Resort – 9:00 a.m. – 10:30 a.m.

Sanibel Moorings Resort 845 E Gulf Dr., Sanibel, United States

Sanibel Island offers world-class beachcombing, birding, and wildlife-watching opportunities. There is so much waiting to be discovered here! Join our knowledgeable marine science educators for a casual guided beach walk to explore what's washed ashore. We will talk about some of the more mysterious objects we find on the beach, look for fascinating animals, and...

Dates: June 7th, 14th, 21st, 28th - \$20 for each guided beach walk.



Leisure Lunch

Come join your Islander friends for a leisurely lunch on Tuesday, June 18, 2024, at noon at the Lighthouse Waterfront Restaurant. The restaurant is located at 14301 Port Comfort Rd, Fort Myers FL 33908.

This is one of our most popular monthly activities that we offer. A group of us gather for lunch and friendship at one of Sanibel's or Captiva's fine restaurants. At times, we also choose a restaurant in Ft. Myers as many people are living there temporarily while their homes are being repaired from Hurricane Ian.

We have never met a stranger. These lunches are warm and welcoming, and a great place to visit and get to know each other. We explore new restaurants, and everyone orders from the menu and pays for their own meal.

Please sign up in advance by contacting Deborah Butler at deborahbutler@comcast.net. Seating may be limited so be sure to make your reservation early!

Please join us at the Broadway Palm Theater for the original Broadway Dance Musical—Swing!

Date: Wednesday, June 19, 2024

Time: 11:30 LUNCH, 1:00 SHOW

Location: Broadway Palm Theater, 1380 Colonial Blvd., Fort Myers, 33907

Ticket Cost: \$60, for the matinee lunch and show!

We have fantastic seats and a great deal on the ticket/lunch cost. Tickets are limited and must be purchased in advance on a first come, first serve basis. Contact Cindy Butterfield at 239-333-6932 OR smilebutterfield@gmail.com for information and to buy tickets.

YOU'VE GOT PLANS: FORT MYERS

Family Faith Night with the Mighty Mussels on Saturday, June 29th.

Saturday
Jun 29
6:05 PM



Tampa
Tarpons

Game Highlight (3): Bark in the Park

Bring your dog to the game as all dogs get in free! | Presented By Lee County Sheriff's Office

Game Highlight: Mussel Man Coin Bank Giveaway

Be sure to arrive early for a great giveaway for the kids! The first 500 fans get a Mussel Man Coin Bank! | Presented By Publix

Game Highlight: Family Faith Night

Join the Mussels for a night of Faith, Fellowship and our National Pasttime! Featuring guest speaker and former MLB Manager - Clint Hurdle. | Presented By The Floor Meisters



BITS & BOBS

Giving is Easy:

1. PayPal link is available from the church's homepage (www.sanibelucc.org).
2. Automatic Payment Program (ACH) is available. To sign up, please send a request by email to jenny@sanibelucc.org to receive the authorization form.
3. Checks payable to SCUCC can be mailed to:
Sanibel Congregational UCC 2050 Periwinkle Way, Sanibel FL 33957

Mark Boyea

mark@sanibelucc.org

239-312-8673

Jenny Chacon

jenny@sanibelucc.org

239-312-8670

Tammy Flatley

tammy@sanibelucc.org

239-472-0497

office@sanibelucc.org

Office Hours

Monday – Friday

9:00-3:00pm

